

## ALL DAY BREKKIE



<b>TOAST</b> V/DF/H/GFO Two slices of sourdough   soy linseed   fruit toast   white bread served with butter and your choice of vegemite, house made jam or orange marmalade Gluten free + 2.0	<b>8.5</b>
<b>EGGS AND TOAST</b> V/H/GFO Two eggs your way with toasted sourdough	<b>13.5</b>
<b>MEDITERRANEAN MEZZE BOARD (FOR 2)</b> H/GFO 4 eggs your way, grilled tomato, Lebanese cucumbers, haloumi, sujuk, house-made dip, olives, feta cheese and zaatar flatbread	<b>45.0</b>
<b>BACON AND EGG DELUXE ROLL</b> Bacon, fried egg, hash brown, and hollandaise sauce on a toasted milk bun	<b>17.0</b>
<b>CLASSIC BACON AND EGG ROLL</b> DF/GFO Grilled double bacon and fried egg on a toasted milk bun with your choice of bbq or tomato sauce Add: hash brown + 3.5 or smashed avocado + 5.0 or sliced cheddar cheese + 2.0	<b>13.0</b>
<b>BENNY BY THE BAY</b> V/H/GFO 2 poached eggs, wilted spinach & hollandaise on toasted sourdough with your choice of smoked salmon, bacon, leg ham, avocado or mushrooms	<b>24.0</b>
<b>BAYSIDE BIG BREKKIE</b> DF/GFO 2 eggs your way, bacon, beef sausage, mushrooms, grilled tomato and a hash brown with sourdough toast	<b>27.0</b>
<b>CORN FRITTERS</b> V/H Corn, zucchini and haloumi fritters served with smashed avocado, house made relish, fresh rocket and sour cream Add: hash brown + 3.5 or bacon + 6.0	<b>22.0</b>
<b>SMASHED ON THE BAY</b> V/H/GFO Smashed avocado, danish feta, cherry tomatoes, pomegranate molasses, pistachio dukkah and a poached egg on sourdough	<b>22.0</b>

### ADD ON'S

- Spinach + 4.0
- Hash brown + 3.5
- Haloumi (2 pieces) + 5.0
- Bacon + 6.0
- Extra 1 egg + 3.0
- Smoked salmon + 7.5
- GF Bread + 2.0
- Beef sausage + 4.0
- Grilled tomato + 4.0
- Smashed avocado + 5.0
- Mushrooms + 4.0
- Feta + 5.0
- Cheese slice + 2.0

## SWEET TOOTH ● all day

<b>VERY BERRY PANCAKES</b> VG/H Buttermilk pancakes with fresh mixed berries, maple syrup, vanilla ice cream, and poached mixed berries	<b>23.0</b>
<b>RICOTTA AND CINNAMON TOAST</b> VG/H/GFO Whipped ricotta on toasted rye, topped with fresh seasonal fruit, cinnamon and a drizzle of honey	<b>18.0</b>
<b>CLASSIC ACAI BOWL</b> VG/DF/H/GFO Acai berry blend with toasted granola, chia seeds, coconut flakes and seasonal fruit + coconut yogurt 3.0 + peanut butter 2.5 + gluten-free muesli + 2.5 + nutella 2.5	<b>19.0</b>
<b>COCONUT CRUNCH BOWL</b> VG/DF/H/GF Coconut yoghurt with gluten-free granola, fresh seasonal fruits, berry compote, toasted coconut flakes and chia seeds	<b>22.0</b>

## STARTERS ● from 11:30am

<b>OLIVES AND GRISSINI</b> VG/GFO/H/DF Marinated olives with crunchy grissini (baked bread sticks)	<b>13.0</b>
<b>SALT &amp; PEPPER SQUID</b> GF/H Seasoned deep fried squid with house made chilli jam, coriander, fresh chilli and crispy shallots	<b>23.0</b>
<b>TRIO OF DIPS</b> VG/DF/H Three dip tray of house dips served with chargrilled flatbread for dipping	<b>18.0</b>
<b>GRILLED HALOUMI PLATE</b> V/GF/H Haloumi with house made rocket & basil pesto, cucumber, onion, tomato, mint, parsley and a balsamic glaze	<b>18.5</b>
<b>CREAMY GNOCCHI</b> V/H House made gnocchi with creamy pesto and freshly shaved parmesan cheese Add: pulled lamb + 7.0, grilled chicken + 7.0, grilled prawns + 8.0	<b>17.0</b>

## LUNCH ● from 11:30am

<b>BURGERS BY THE BAY</b> Check our specials board for our burger specials	
<b>CATCH OF THE BAY</b> H, GFO Market fish lightly battered with chips, salad and tartare sauce + 2.0 sweet potato chips	<b>29.0</b>
<b>CRISPY CHICKEN SCHNITTY</b> H House made panko crumbed chicken breast with chips, salad and your choice of mushroom sauce or gravy - sweet potato chips instead + 2.0	<b>26.0</b>
<b>GREEN PEA FALAFEL BOWL</b> VG, GF House made green pea falafel with hummus, quinoa tabouleh, fresh pomegranate arils, avocado and pickles	<b>23.5</b>
<b>THE HOKEY POKE BOWL</b> GF Grilled salmon on a bed of brown rice, wakamee, pickled ginger, cabbage, carrot, radish, fresh chilli and cucumber, with toasted sesame and soy sauce dressing	<b>32.0</b>
<b>CLASSIC CAESAR SALAD</b> Cos lettuce, freshly shaved parmesan, grilled bacon, croutons, poached egg and house made caesar dressing. Add: 100g grilled chicken + 7.0	<b>19.0</b>
<b>SQUID INK SPAGHETTI</b> DF, GFO Our signature handmade squid ink spaghetti tossed with fresh king prawns, cherry tomatoes, garlic, chilli, white wine & basil	<b>32.0</b>

### Sides

- Hot chips **10.0**
- Sweet potato chips **12.0**
- Garden salad **11.0**
- Rocket, pear and pecorino salad **12.0**
- Garlic bread **9.0**
- Wedges w sour cream and sweet chilli **14.0**

### Add on's

- Slow roast lamb (100g) **+7.0**
- Garlic prawns (3) **+8.0**
- Marinated grilled chicken (100g) **+7.0**

GFO = gluten free option  
DF = dairy free  
H = halal  
V = vegetarian  
VG = vegan  
GF = gluten free



scan for our weekly specials!

## COFFEE & TEA

### Coffee

Flat white | cappuccino | latte | macchiato  
| piccolo | long black | short black |

S 4.5  
L 5.0

Iced latte | iced long black | iced mocha |  
affogato |

6.5

Iced coffee frappé  
• double shot coffee, ice cream, milk,  
crushed ice

8.5

Hot chocolate, chai latte

4.0

Mocha | white hot chocolate | white  
chocolate mocha |  
• alternative milk + 1.2

S 5.0  
L 5.5

Dirty chai latte

S 5.5 L 6.5

### Tea

English breakfast | earl grey |  
lemongrass and ginger | green and  
jasmine | green | peppermint |  
chamomile | chai (sticky chai, tea)

5.5

### Extras

Soy milk | almond milk | oat milk | lactose-  
free milk | extra shot | hazelnut | vanilla |  
caramel | choc |

0.7

## MILKSHAKES

Chocolate

8.0

Vanilla

Strawberry

Caramel

- Make thickshake + 1.5
- Add whipped cream + 1.2
- Alternative milk + 0.7

## SMOOTHIES

Bananarama 9.5

- Banana, honey, yoghurt, milk

Mango Tango

- Mango, banana, yoghurt, milk

Belgian Dark Chocolate

- Dark chocolate, ice cream, banana, milk

Blueberry Burst

- Blueberry, muesli, cinnamon, dried  
fruits, nuts, banana, yoghurt

ADD PROTEIN + 2.5

Tropical Twist

- Mango, pineapple, passionfruit, ice (DF)

Sunrise

- Strawberry, mango, kiwi, pineapple (DF)

Acai (DF)

## FRESH JUICES

Orange | Apple 8.0

Beach Day  
• Pineapple, orange, apple 9.0

Flu Buster

- Apple, pineapple, lemon, ginger

Pick Me Up

- Carrot, celery, ginger, beetroot, apple

## SOFT DRINKS

Coke | Fanta | Lemonade | Solo |  
Coke Zero | Diet coke |

4.0

Glass bottle - coke, coke zero

5.5

Bundaberg

5.0

- Ginger beer
- Passionfruit
- Traditional lemonade

Lemon lime and bitters 7.0

7.0

## BOTTLED

Wild organic juice | apple | pineapple | 7.0  
apple & guava | banana, mango & apple |  
kiwi, banana, mango & greens

Wild organic iced tea - peach, lemon 7.0

San Pellegrino bottle sparkling 250mL 4.0

Natural mineral water 750mL 9.5

Organic Hemp Kombucha - tropical 7.0

Organic Kombucha - raspberry

Gatorade 6.0

## KIDS DRINKS

Juice bomb 4.0

- Watermelon

Pop top 3.0

- Apple

- Orange

## KIDS MENU

**Pancakes** 11.5  
2 hot pancakes with maple syrup and vanilla  
icecream

**Toastie**  
Cheese toastie 8.0 | + tomato 1.0 | + ham 1.5

**Eggs and bacon** 10.0  
An egg your way with bacon and a slice of white  
toast

**Cheeseburger** 15.5  
A toasted milk bun with a meat patty, melted cheese  
and tomato sauce with a side of fries

**Spaghetti** 13.0  
Spaghetti in a napolitana sauce with parmesan

**Nuggets** 13.0  
Chicken nuggets with chips and tomato sauce

**Fish** 13.0  
Two fish cocktails with chips and tomato sauce